

YOUTH PROGRAMS

LEARN • BUILD • CREATE



MESSY ART

Bring your toddler to create, experiment and get messy! Messy Art is child-directed and allows your child to learn and explore different materials and art processes. A new activity will be introduced each week. Enjoy time creating with your toddler and leave the mess with us!

TUESDAYS 9:00am-9:45am

DATE: 6/8, 6/15, 6/22, 6/29

AGE: 2-5 yr PRICE: \$20 M/\$25 NM

INTRO TO SPORTS CAMP

Get ready to run, kick, dribble and score! This camp will introduce kids to different sports such as soccer, basketball, kickball, disc golf, and more. Please wear tennis shoes and bring a water bottle.

TUESDAY-THURSDAY 12:00-1:00pm

DATE: 7/13 - 7/15

GRADE: K-2nd PRICE: \$20 M/\$25 NM



FELT CREATIONS

Learn the basics of hand sewing to create cute felt crafts. You will learn and practice basic hand stitches that will allow you to create endless projects. This is a great foundation to sewing and a useful skill for life.

TUESDAY-THURSDAY 12:30-3:00pm

DATE: 6/8 - 6/10

GRADE: 2nd-6th PRICE: \$45 M/\$55

SUMMER 2021

UPCYCLED CRAFTS

Turn used, everyday items into incredible crafts! Plastic bags become plarn (plastic yarn) and turned into wearable accessories. Old t-shirts get sewn, woven and tied into new and useful items. You will learn how to prepare the recycled materials and create something new from items you have right at home.

TUESDAY & WEDNESDAY 12:30-3:00pm

DATE: 6/29, 6/30

GRADE: 3rd-6th PRICE: \$30 M/\$36 NM

SNACK ATTACK

Learn how to follow a recipe, make healthy food choices, and prepare no-cook, healthy snacks using a variety of nutritious ingredients. Each day at camp, you will prepare and sample recipes that you can make at home. Class will be taught by Devon & Mariah, health coach and chef with Plantiful Pantry.

TUESDAY-THURSDAY 12:30-3:00pm

DATE: 6/22 - 6/24

AGE: K-4th PRICE: \$60 M/\$72 NM

MUSIC & MOVEMENT

Children will work on coordination, balance, and flexibility through movement. The goal of the class is to enjoy music, while working on gross motor skills. Students will be exposed to different styles of dance and music from around the world!

TUESDAYS 9:00-9:45am

DATE: 7/27, 8/3, 8/10, 8/17

AGE: 4-8 yr PRICE: \$20 M/\$25 NM

TEXTILE CAMP

This camp is to "dye" for! Campers will learn several techniques to dye fabrics from classic tie-dye t-shirts, to traditional



Japanese shibori and batiks. Experiment with natural dyes while you fold, bind, and tie fabrics to reveal unique designs.

TUESDAY-THURSDAY 12:30-3:00pm

DATE: 7/20 - 7/22

GRADE: 3rd-6th PRICE: \$45 M/\$55 NM

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3 Easy Ways to Register

Online: Visit the LBC.com, go to Programs, click on "View all Programs". Sign into your RecDesk account or create a new account.

In Person: Stop by the LBC Welcome Desk during our operational hours and our Customer Service staff can set up your registration with cash, check or credit card payment.

Phone: Call the LBC Welcome Desk at 319-895-9513 and our Customer Service staff can set up your registration with a credit card payment.

Registration Deadline for all programs is <u>one week</u> prior to the start date.

Grade is current grade (as of spring 2021).

Location: All activities take place at the LBC unless otherwise noted.

Scholarships are available through SELCC, contact Nicole at 319-455-2844.



NATURE TRAILBLAZERS

We will blaze our own trail as we search for local critters in their natural habitat. You will learn to identify and make casts of animal tracks and create your own habitat and crafts with supplies provided by Mother Nature. Prepare to get wet and muddy!



ANATURE SURVIVORS

Are you ready for the challenge? Step into nature to develop your survival skills. You will learn to safely build and maintain a fire, design and build a shelter, locate food sources and more! Participants gain confidence, cooperation, and problem solving skills with daily team building challenges.

TUESDAY - THURSDAY	9:30am-12:00pm
DATE: 7/6 - 7/8	
AGE: K-2nd	PRICE: \$40 M/\$48 NM
LOCATION:	Nature Park Pavilion

TUESDAY - THURSDAY	9:30am-12:00pm
DATE: 7/13 - 7/15	
AGE: 3rd-5th	PRICE: \$40 M/\$48 NM
LOCATION:	Nature Park Pavilion

BUILD A BIRDHOUSE

Create a colorful addition to your garden and a new habitat for birds. Construct a birdhouse using pine boards, cedar shingles and a hammer and nails. Add your own style with a painted finish. All materials and tools will be provided. Take your completed project home with you that day!

THURSDAY	9:00-11:30am
DATE: 6/24	
GRADE: 2nd-6th	PRICE: \$25 M/\$30 NM

SUMMER REC

Stay active and stay connected this summer at the LBC! Meet up with friends every Tuesday and Thursday afternoon for recreation and a healthy snack. Check the calendar at the LBC.com for the scheduled activity for the day.

TOESDATS & THORSDATS	111VIL. 3.00-4.30pm
DATES: 6/1 - 8/12	
AGE: 11-14 yr	PRICE: Free M/\$3 NM

KIDS GARDENING CLUB

Students 2nd-5th grade are invited to join the LBC Kids Garden Club to learn about gardening and to get hands on experiences with the new garden beds at the Lester Buresh Wellness Center. Sessions will start in the spring and then meet every week during the summer months. Attend as many weekly sessions as your schedule allows. Students will plant and maintain one of the garden beds as part of their club project and will receive a club t-shirt.

WEDNESDAYS	9:00-10:00am
DATE: 6/2 - 8/11	
GRADE: 2nd-5th	PRICE: \$35 M/\$42 NM
CLINANAED 2021	210.0

SUMMER ART

THESDAYS & THURSDAYS

Dive into a variety of art projects this summer. Explore the art process and expand your creativity with mixed-media, 2D and 3D art projects. With new projects each day including printmaking, clay sculpting, collage design and more!



TIME: 2:00-4:20nm

12:30am-3:00pm
PRICE: \$45 M/\$55 NM

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