



FALL SPEAKER SERIES 2024

Meet up at the LBC on Thursday afternoons for socializing and speakers. A different topic will be discussed each week. The **Thursday Speaker Series is FREE and open to everyone**, no membership required to attend. If you have a topic you would like to present, contact our customer service staff to fill out a Speaker Proposal Form.

Service Dogs, What are they really?, *Sherry Ross*

Thursday, September 12 at 1:00

Have you ever wondered what to do or say when you see a service dog in public? Are all dogs in public places service dogs? What if the person doesn't look disabled, what is the service dog doing for them? We will introduce you to the beautiful world of how dogs help humans become more independent. The dog human bond is a truly beautiful thing. Seeing these dogs help our veterans is a story that needs to be told!

Arts in the Community, *Tiffany A, Carr, Ph.D.*

Thursday, September 19 at 1:00

Dr. Tiffany Carr, MVAAC President, will delve into the profound impact the arts have on various facets of community life, from enhancing the quality of life and boosting tourism, to fostering citizen retention and population growth. This promises to be an insightful exploration of the integral role the arts play in shaping a vibrant, thriving community. Dr Carr's address will not only celebrate the past achievements of the MVAAC but also inspire a shared vision for the future of arts and culture in Mount Vernon. Don't miss this opportunity to be part of a pivotal conversation about the power of the arts in our lives.

What is a Public Library?, *Elizabeth Hoover de Galvez*

Thursday, September 26 at 1:00

Many people think of libraries as collections of books or places where reading is celebrated; Lisbon Public Library director, Elizabeth Hoover de Galvez, will describe a broader vision of what public libraries can be and how that translates into plans for the Library for the next five years.

Food Insecurity in Eastern Iowa, *Kim Guardado*

Thursday, October 3 at 1:00

In Eastern Iowa roughly 10% of all people are facing food insecurity. Join Kim Guardado, Director for the Food Reservoir at Hawkeye Area Community Action Program (HACAP) to learn about the efforts being made in our region to combat food insecurity and how you can get involved to make a difference.

Lester Buresh Center Open House

Thursday, October 10, 11:00-1:00

Come and see all the LBC has to offer. Learn about memberships, programs and ways to get connected. Are you on a Medicare supplement plan? You may be eligible for a free membership! Learn about additional resources in our community. Light appetizers will be served.

SHIIP UnityPoint - Welcome to Medicare, *Valerie Boddicker*

Thursday, October 10 at 1:00

This free seminar is offered by the State of Iowa's Senior Health Insurance Information Program (SHIIP). Are you going to be eligible for Medicare in the near future? Have you been on Medicare for awhile and want to better understand what it offers? Do you have a family member you help with Medicare issues? Welcome to Medicare is for you! Welcome to Medicare will cover: Medicare Part A & B benefits, Prescription Drug benefits (Part D), Medicare Advantage plans, and Medicare Supplement Insurance.

Death Doulas: Their Role in End of Life Planning and Processes

Thursday, October 17 at 1:00

Mary McCall & Annie Brownsberger

In this session, we will have two death doulas or guides sharing their roles in supporting individuals, families and friends when someone is facing a terminal diagnosis or hospice and end-of-life. We will explore the backgrounds of doulas and areas of specialty, ranging from legacy projects (what would you like to leave for others?), rituals, death plans, sitting vigil the last days/hours, as well as after-death plans and care for families and loved ones. Bring your friends and family and lots of questions!

The Bonus Army, Great Depression and GI Bill, *Mike Woods***Thursday, October 24 at 1:00**

During the Great Depression in 1932, thousands of World War I veterans traveled to Washington D.C. Called the "Bonus Army", they were seeking early payment of the bonus certificates they had received after the war as extra compensation for their military service. What happened to them? Did they ever get paid? Come find out.

Keith Haring and Iowa City: Exhibiting A Book Full of Fun, *Lauren Lessing***Thursday, October 31 at 1:00**

Join Lauren Lessing, Director of the Stanley Art Museum, to discover the Keith Haring exhibit. Centered around Haring's 1989 mural, A Book Full of Fun, which he painted at a Iowa City's Ernest Horn Elementary School. The exhibition utilizes art, photographs, and archival materials to celebrate Haring's community-building visits to Iowa City in the 1980s.

DeWolf Innovation Center - A Place to Reframe Aging & Dementia, *Kathy Good* **Thursday, November 7 at 1:00**

Kathy Good, Senior Director of the DeWolf Innovation Center, will provide current statistics about aging and dementia; describe how the center is looking at aging and dementia in a new way; and explain the services/events offered older adults and those living with dementia as well as their caregivers through the variety of components housed at the DeWolf Innovation Center.

Mount Vernon's Inaugural Artist-in-Residence Sarah Fitzgerald**Thursday, November 14 at 1:00**

Mount Vernon Area Arts Council's inaugural Artist-in-Residence Sarah Fitzgerald will give an artist talk sharing her art practice and production. She will reflect on her first year as artist-in-residence and share plans for the coming year. She will also discuss her role as an art educator and the importance of art education.

Emergency Services and Disaster Preparedness, *Local Agencies***Thursday, November 21 at 1:00**

Emergency services and disaster preparation encompass a comprehensive approach to minimizing the impact of potential disasters, focusing on preparedness, response, and recovery efforts. Preparedness is defined by DHS/FEMA as "a continuous cycle of planning, organizing, training, equipping, exercising, evaluating, and taking corrective action in an effort to ensure effective coordination during incident response." This cycle is one element of a broader National Preparedness System to prevent, respond to, and recover from natural disasters, acts of terrorism, and other disasters. Please join MVLPD, MVFD, and MVL Ambulance Service staff as they discuss disaster preparedness and how they all work together to keep our community safe.

First Day of Freshman History 2005, *Bob Meeker***Thursday, December 5 at 1:00**

The purpose of this lesson on the first day of class for incoming freshmen was to demonstrate that there can be several "right" answers to a question. The "right" answer usually depends on the perspective of the viewer or the context of the situation. One goal of education is to see things from different points of view.

Diaries: Their Gestation, Care, and Feeding, *Greg Cotton***Thursday, December 12 at 1:00**

Twenty-seven years ago, Greg Cotton felt at though life was getting away from him...he couldn't always remember how he was spending his days. To help him and his memory, on January 1, 1997, he started a daily diary, a diary that is now in its 28th year. In this workshop we'll think about diarists somewhat (!) more well-known than Greg, we'll talk about establishing a new habit, about various methods of keeping a diary, and about the various platforms available for successful diarists. As a starting platform for diary-keeping, bring some paper you like and a couple of pens that are your friends.

Monday Game Days**Mondays at 10:30**

Do you have a favorite board or card game you'd like to play? Maybe you'd like to teach others how to play? Or, maybe you'd just like to sit and watch others play? Whatever your level of interest, come join us on Mondays at 10:30 am for an informal get together to play games and visit. Please bring your own board game or deck of cards and we'll provide the coffee. **\$7 Adults/\$5 Seniors 62+/Free with Membership**