



## LITTLE GYMNASTS

This preschool gymnastics class is for children ages 3-5 yrs. It will include beginning gymnastics activities for children to have some fun in the gym, while helping to develop their flexibility, strength, balance, body awareness and coordination.

<b>MONDAYS</b>	<b>9:00 - 9:45 am</b>
DATES: 6/16 - 7/21	DEADLINE: 6/12
AGE: 3 - 5 yr	PRICE: \$54/\$45 M

## TOT TIME ON THE TURF

Bring your toddler or preschooler for high energy fun in the turf room! Participants will engage large motor skills as they climb, balance, run, throw and spin with hammock swings, slides, balls and more. Children must be supervised by a caregiver.

<b>TUESDAYS</b>	<b>9:30 - 11:00 am</b>
DATES: June (may be extended)	
AGE: 1 yr - PreK	PRICE: \$3/M FREE

## SENSORY PLAY

Bounce, rock, spin, swing, slide and more with a variety of sensory play options in the turf room. Sensory Play is designed for children who would benefit from a quieter atmosphere, with no music, less participants, and a more calming experience.

<b>TUESDAYS</b>	<b>11:00 am - 12:00 pm</b>
DATES: June (may be extended)	Register to save your spot.
AGE: 1 - 12 yr	PRICE: \$3/M FREE

## E-SPORTS ARENA

Play PS4 and Nintendo Switch games such as Super Smash Brothers, Madden, NBA2K, Rocket League, Mario Kart, and more against other friends and players. Play to include mini-tournaments and 1v1, and much more!

<b>Session 1: Mondays 6/9-6/30</b>	<b>1:00 - 2:30 pm</b>
<b>Session 2: Tuesdays 7/8-7/9</b>	<b>1:00 - 2:30 pm</b>
DATE: 6/9 - 6/30 & 7/8 - 7/29	Must Preregister
AGE: 8 - 14 yr	PRICE: \$20/M FREE

## NATURE EXPLORERS

Explore trails, streams, and critters around the quarry. Activities will include nature studies, fun games, and crafts using what we find in nature. Prepare to get wet and muddy!

<b>TUESDAY - THURSDAY</b>	<b>9:00 - 10:15 am</b>
DATE: 7/8 - 7/10	LOCATION: Nature Park Pavilion
AGE: 4 - 5 yrs	PRICE: \$25/\$20 M

## NATURE TRAILBLAZERS

We will blaze our own trail as we search for local critters in their natural habitat. You will learn the basics of orienteering through a scavenger hunt and create crafts and your own habitat with supplies provided by Mother Nature.

<b>TUESDAY - THURSDAY</b>	<b>9:30 am - 12:00 pm</b>
DATE: 7/15 - 7/17	LOCATION: Nature Park Pavilion
GRADE: Completed K - 2nd	PRICE: \$48/\$40 M

## NATURE SURVIVORS

Are you ready for the challenge? Step into nature to develop your survival skills. You will learn to safely build a fire using flint and steel, create a shelter, locate food and water sources and more! Participants gain confidence, cooperation, and problem solving skills with team building challenges.

<b>TUESDAY - THURSDAY</b>	<b>9:30 am - 12:00 pm</b>
DATE: 7/22 - 7/24	LOCATION: Nature Park Pavilion
GRADE: Completed 3rd - 5th	PRICE: \$48/\$40 M

## INTRO TO SPORTS CAMP

The ultimate FUN sports experience! Kids will be introduced to a variety of sports including nitro ball, disc golf, basketball skills course, croquet golf, and more! Skills learned include balance, attention, eye-hand coordination, cooperation, rules of playing games, teamwork, and basic sports skills. Skills are taught through structured games so each child can progress at their own level.

<b>TUESDAY-THURSDAY</b>	<b>11:00 am - 12:00 pm</b>
DATE: 7/29 - 7/31	DEADLINE: 7/23
GRADE: Completed K - 2nd	PRICE: \$25/\$20 M

## NAILED IT!

Kids get the chance to test out their decorating skills, Nailed It! style. Kids receive pre-made baked goods and instruction on how to work with the materials to recreate a fun, intricate dessert. Each kid will get to take home their creations.

<b>TUESDAY</b>	<b>1:00 - 2:15 pm</b>
DATE: 8/5	DEADLINE: 7/30
AGE: 8 - 12 yr	PRICE: \$15

## HOW TO REGISTER - Registration begins April 7th

**Online:** Visit theLBC.com, go to Programs, click on "View all Programs." Sign into your RecDesk account or create a new account.

**In Person:** Stop by the LBC welcome desk during our operational hours and our Customer Service staff can set up your registration with cash, check or credit card payment.

**Scholarships** are available through SELCC, contact Nicole at 319-455-2844.

## HERITAGE DAYS KICK-OFF EVENT

Kick off Heritage Days with a party at the LBC on **Friday, July 11 from 5-9:00pm**. Join us to celebrate with a night of music, games, food and fun! Open gyms, rock climbing wall, inflatables, food trucks, games, prizes and live music by "Full Moon Horizon" Free to attend. Bring a lawn chair.

## GARDEN CREATIONS

The LBC has partnered with Linn Co Master Gardeners to explore with your children what is happening in the garden as it grows. Come to learn about growing a garden and create fun projects in the garden setting. Preschool children must be accompanied by an adult. Space is limited, reserve your spot.

<b>WEDNESDAYS</b>	<b>11:00 am - 12:00 pm</b>
DATE: 6/11, 6/25, 7/9, 7/23, 8/6	DEADLINE: 1 week prior
AGE: 4 - 12 yr	PRICE: \$5/M FREE

## 3v3 BASKETBALL

3v3 basketball is a fast-paced, condensed version of basketball played on a half-court with two teams of three players, aiming to score by shooting the ball through a single hoop, with shots inside the arc worth one point and shots outside the arc worth two. The LBC will create teams each day and teams will play each other in round robin format.

<b>MONDAYS &amp; WEDNESDAYS</b>	<b>PRICE: \$25/\$20 M</b>
DATES: 8/4 - 8/13	DEADLINE: 7/30
GRADE: Completed 3rd-4th	1:00 - 2:00 pm
GRADE: Completed 5th-6th	2:00 - 3:00 pm

## LEARN TO PLAY LACROSSE

Learn the fundamentals of America's original game! Lacrosse is a fast-paced game that will improve your hand-eye coordination, develop agility, and you get to work with a really cool stick! Our clinic will show you how to throw and catch using the lacrosse stick, introduce you to the basics of the game, and have a lot of fun! Taught by Kingfisher Lacrosse.

<b>SATURDAY</b>	<b>10:00 - 11:00 am</b>
DATE: 8/9 or 8/16	DEADLINE: 1 week prior
AGE: Completed 3rd-6th	PRICE: FREE

## LINN COUNTY 4-H DAY CAMPS

4-H camps are back this summer at the LBC! Camps include Discovering Design (3rd-5th), Storybook Art (k-2nd) and The World Around Us (K-2nd). For a description and registration go to <https://www.extension.iastate.edu/linn/summer-programs>

<b>MONDAYS</b>	<b>9:00 am - 3:00 pm</b>
7/7 Discovering Design, 7/28 Storybook Art, 8/4 The World Around Us	
GRADE: Completed K-5th	PRICE: \$30

## BASIC DRAWING

Join resident artist Susan Coleman for a beginning drawing workshop. Learn basic drawing techniques in a low-pressure environment with emphasis on playfulness, and creativity. This course requires no prior knowledge or experience in drawing or artmaking. It's a workshop for beginners, and those who feel they have "no talent or ability" in drawing. The only requirement is a desire to see what happens if you withhold judgement and engage in the process of drawing. Basic drawing media (pencils, erasers, charcoal, pens), drawing paper, subject matter, and enthusiastic encouragement provided. Participants will learn drawing techniques and terminology and learn to trust their innate ability to see and translate their vision to a two-dimensional sheet of paper. Most importantly they will learn that drawing is a fun practice that can enrich their experience and bring them unexpected joy.

<b>THURSDAYS</b>	<b>1:30 - 3:00 pm</b>
DATES: 7/24 - 8/14	DEADLINE: 7/20
AGE: 14 yr - Adult	PRICE: \$40

## FLOWER ARRANGING

Class participants will learn a variety of guidelines for arranging those beautiful flowers growing in their gardens and then complete their own arrangement to take home. Participants are asked to bring a vase/jar to use, some flower stems from their gardens, and a clipper if possible.

<b>TUESDAY</b>	<b>1:00 - 2:00 pm</b>
DATE: 8/12	DEADLINE: 8/7
AGE: 16+	PRICE: \$7

## PICKLEBALL BEGINNER I CLINIC

This clinic is geared for players new to the game to learn safety information, the rules of the game, and to practice basic skills including serving and return of the ball.

## PICKLEBALL BEGINNER II CLINIC

This clinic is geared for players new to the game who have completed Beginner I and want to practice the skills learned. The goal of this clinic is for you to work on strategies and paddle control, giving you confidence for drop-in play.

<b>BEGINNER I: Tuesday 5/13 or 6/17</b>	<b>1:00 - 3:00 pm</b>
<b>BEGINNER II: Tuesday 5/20</b>	<b>1:00 - 3:00 pm</b>
AGE: 18+	FREE; MUST PREREGISTER