



## LITTLE GYMNASTS I

This preschool gymnastics class is for children ages 3-5 yrs. It will include beginning gymnastics activities for children to have some fun in the gym, while helping to develop their flexibility, strength, balance, body awareness and coordination.

**THURSDAYS 10:45 –11:30 am**

DATES: 6/18 - 7/23 DEADLINE: 6/12

AGE: 3 - 5 yr PRICE: \$58/\$48 M

## LITTLE GYMNASTS II **NEW!**

This beginner gymnastics class is for children ages 5-6 yrs. Participants will practice tumbling and beginner skills on low beam, bar, and rings, while helping to develop their flexibility, strength, balance, body awareness and coordination.

**THURSDAYS 9:45-10:30 am**

DATES: 6/18 - 7/23 DEADLINE: 6/12

AGE: 5 - 6 yr PRICE: \$58/\$48 M

## TOT TIME ON THE TURF

Bring your toddler or preschooler for high energy fun in the turf room! Participants will engage large motor skills as they climb, balance, run, throw and spin with hammock swings, slides, balls and more. Children must be supervised by a caregiver.

**TUESDAYS 9:30 - 11:00 am**

DATES: June (may be extended based on participation)

AGE: 1 yr - PreK PRICE: \$3/M FREE

## NAILED IT!

Kids get the chance to test out their decorating skills, Nailed It! style. Kids receive pre-made baked goods and instruction on how to work with the materials to recreate a fun, intricate dessert. Each kid will get to take home their creations.

**THURSDAY 1:00 - 2:15 pm**

DATE: 6/23 DEADLINE: 6/17

AGE: 8 - 12 yr PRICE: \$20/\$15 M

## NATURE EXPLORERS

Explore trails, streams, and critters around the quarry. Activities will include nature studies, fun games, and crafts using what we find in nature. Prepare to get wet and muddy!

**TUESDAY - THURSDAY 9:00 - 10:15 am**

DATE: 7/7 - 7/9 LOCATION: Nature Park Pavilion

AGE: 4 - 5 yrs PRICE: \$25

## NATURE TRAILBLAZERS

We will blaze our own trail as we search for local critters in their natural habitat. You will learn the basics of orienteering through a scavenger hunt and create crafts and your own habitat with supplies provided by Mother Nature.

**TUESDAY - THURSDAY 9:30 am - 12:00 pm**

DATE: 7/14 - 7/16 LOCATION: Nature Park Pavilion

GRADE: Completed K - 2nd PRICE: \$48

## NATURE SURVIVORS

Are you ready for the challenge? Step into nature to develop your survival skills. You will learn to safely build a fire using flint and steel, create a shelter, locate food and water sources and more! Participants gain confidence, cooperation, and problem solving skills with team building challenges.

**TUESDAY - THURSDAY 9:30 am -12:00 pm**

DATE: 7/21 - 7/23 LOCATION: Nature Park Pavilion

GRADE: Completed 3rd - 5th PRICE: \$48

## MINI HOT AIR BALLOONS **NEW!**

Come make mini hot air balloons with paper mache, tissue paper, and a balloon. In this two session class, you will learn how to weave paper baskets and the steps of paper mache. Create your own unique design with colorful tissue paper!

**TUESDAY & WEDNESDAY 12:30 - 1:45 pm**

DATE: 7/7 & 7/8 DEADLINE: 7/1

GRADE: Completed K - 2nd PRICE: \$20/\$15 M

## PINATA MAKING **NEW!**

Come design and create your own pinata. In this class we will build, paper mache, and decorate pinatas. We will also learn the history and traditions behind paper mache and pinatas. At the end of our art camp, students will take turns breaking an example pinata with a tasty treat inside. They will bring their own creations home to break open with friends and family.

**TUESDAY-THURSDAY 12:00 - 1:30 pm**

DATE: 7/14 - 7/16 DEADLINE: 7/8

GRADES: Completed 3rd-6th PRICE: \$36/29 M

## HOW TO REGISTER - Registration begins April 13th

**Online:** Visit theLBC.com, go to Programs, click on "View all Programs." Sign into your RecDesk account or create a new account.

**In Person:** Stop by the LBC welcome desk during our operational hours and our Customer Service staff can set up your registration with cash, check or credit card payment.

**Scholarships** are available through SELCC, contact Nicole at 319-455-2844.

## HERITAGE DAYS KICK-OFF EVENT

Kick off Heritage Days with a party at the LBC on **Friday, July 10 from 5-9:00pm**. Join us to celebrate with a night of music, games, food and fun! Open gyms, rock climbing wall, inflatables, food trucks, games, prizes and live music by "Full Moon Horizon" Free to attend. Bring a lawn chair.

## GARDEN CREATIONS

The LBC has partnered with Linn Co Master Gardeners to explore with your children what is happening in the garden as it grows. Come to learn about growing a garden and create fun projects in the garden setting. Preschool children must be accompanied by an adult. Space is limited, reserve your spot.

<b>WEDNESDAYS</b>	<b>11:00 am - 12:00 pm</b>
DATE: 6/10, 6/24, 7/8, 7/22, 8/5	DEADLINE: 1 week prior
AGE: 4 - 12 yr	PRICE: \$5/M FREE

## INTRO TO SPORTS CAMP

The ultimate FUN sports experience! Kids will be introduced to a variety of sports including ultimate sports obstacle course, floor hockey, football skills, runball and more! Skills learned include balance, attention, eye-hand coordination, cooperation, rules of playing games, teamwork, and basic sports skills. Skills are taught through structured games so each child can progress at their own level.

<b>TUESDAY-THURSDAY</b>	<b>11:00 am - 12:00 pm</b>
DATE: 7/28 - 7/30	DEADLINE: 7/22
GRADE: Completed K - 2nd	PRICE: \$25/\$20 M

## SMALL GROUP STRENGTH TRAINING *NEW!*

Small group strength training is a personalized, trainer-led fitness program, offering tailored, progressive strength training at a lower cost than 1:1 sessions. These sessions focus on functional movement patterns, safety, and lifting technique rather than just high-intensity. Designed to build muscle, improve body composition, and enhance strength.

<b>MONDAYS &amp; WEDNESDAYS</b>	<b>6:30 - 7:20 pm</b>
DATE: 6/8-7/1, 7/6-29, 8/3-26	DEADLINE: week prior
AGE: 12-16 yrs	PRICE/MONTH: \$95/\$80 M

## E-SPORTS ARENA

Play PS4 and Nintendo Switch games such as Super Smash Brothers, Madden, NBA2K, Rocket League, Mario Kart, and more against other friends and players. Play to include mini-tournaments and 1v1, and much more!

<b>MONDAYS</b>	<b>1:00 - 2:30 pm</b>
SESSION 1: 6/8-6/29	DEADLINE: 6/3
SESSION 2: 7/6-7/27	DEADLINE: 7/1
AGE: 8 - 14 yr	PRICE: \$20/M FREE

## LBC YOUTH BASKETBALL CAMPS *NEW!*

Participants will focus on skill development and fundamentals through drill work, small-sided games, 5x5 competition, along with character and leadership development. The goal of these camps is to provide a foundation for each player to become a better player and teammate.

<b>TUESDAYS</b>	<b>9:00 - 10:30 am</b>
DATES: 6/9 - 6/30	DEADLINE: 6/3
GRADE: Completed 3rd - 8th	PRICE: \$56/\$48 M

## YOUTH PICKLEBALL

Learn pickleball rules, scoring, and essential skills like serving, returning, and gameplay strategy. This program helps players develop teamwork, communication, and sportsmanship while improving focus and coordination. Pickleball is a fun and social life-long sport.

<b>THURSDAYS</b>	<b>3:00 - 4:00 pm</b>
DATE: 6/18 - 7/23	DEADLINE: 6/12
AGE: 11 - 14 yr	PRICE: \$25/\$20 M

## PICKLEBALL BEGINNER I CLINIC

This clinic is geared for players new to the game to learn safety information, the rules of the game, and to practice basic skills including serving and return of the ball.

## PICKLEBALL BEGINNER II CLINIC

This clinic is geared for players new to the game who have completed Beginner I and want to practice the skills learned. The goal of this clinic is for you to work on strategies and paddle control, giving you confidence for drop-in play.

<b>BEGINNER I: 6/9, BEGINNER II: 6/11</b>	<b>1:00 - 3:00 pm</b>
<b>BEGINNER I: 6/15 BEGINNER II: 6/17</b>	<b>5:00 - 7:00 pm</b>
AGE: 18+	PRICE: \$5/M FREE

## LINN COUNTY 4-H DAY CAMPS

4-H camps are back this summer at the LBC! Camps include Engineering Explorers (3rd-5th), Art in All Kinds (3rd-5th) and Mix it Up Art (K-2nd). For a description and registration go to <https://www.extension.iastate.edu/linn/summer-programs>

<b>MONDAYS</b>	<b>9:00 - 3:00 pm</b>
7/13 Engineering Explorers, 7/27 Art in All Kinds, 8/3 Mix it Up Art	
GRADE: Completed K-5th	PRICE: \$35